

Claims:

1. Gelatine capsules having a delayed release of the content of the capsule, characterized in that the content of the capsule comprises a polyphenol-containing plant extract.
2. Gelatine capsules according to claim 1, characterized in that the content of the capsule comprises a polyphenol-containing plant extract and a liquid, water-immiscible carrier.
3. Gelatine capsules according to claim 1 or 2, characterized in that the polyphenol-containing plant extract is produced from at least one of the plants *Camellia sinensis*, *Crataegus monogyna*, *Ginkgo biloba*, *Humulus lupulus*, *Hypericum perforatum*, *Krameria triandra*, *Potentilla tormantilla*, *Pterocarpus marsupium*, *Quercus* species, *Uncaria gambir*, *Vaccinium myrtillus* or *Vitis vinifera*.
4. Gelatine capsules according to claim 1 to 3, characterized in that the liquid, water-immiscible carrier is selected from the group of polyunsaturated oils, particularly oils having a high content of omega-3 fatty acids.
5. Gelatine capsules according to claim 1 to 4, characterized in that the liquid, water-immiscible carrier is selected from perilla seed oil, evening primrose seed oil, currant seed oil, fish oil, borage oil and linseed oil.
6. Gelatine capsules according to claim 1 to 5, characterized in that the content of the capsules contains further substances selected from the group comprising plant oils, partially or completely hydrogenated plant oils, beeswax, lecithin, neutral oil, hardened fat, highly dispersed silicon dioxide and sorbitan monooleate.

7.. Gelatine capsules according to claim 1 to 6 for use as an oral administration form for dietary supplement products, dietetic products and medicaments.